



Ptarmigan Traverse Equipment List

Clothing

- ☐ Beanie/Toque
- ☐ Sun Hat
- ☐ Buff / Neck Gaiter
- ☐ Glacier Glasses
- ☐ Headlamp (extra batteries/charger)
- ☐ Liner Gloves
- ☐ Midweight Softshell Gloves
- ☐ Hardshell Gloves
- ☐ Undergarments
- ☐ Base Top
- ☐ Base Layer Pants (early/late season only)
- ☐ Active Insulation Top
- ☐ Softshell Pants
- ☐ Softshell Jacket
- ☐ Insulation Jacket
- ☐ Hardshell Jacket (Available to rent)
- ☐ Hard Shell Pants (Available to rent)
- ☐ Socks
- ☐ Approach Shoes or Trail Shoes (Optional)
- ☐ Mountaineering Boots (Available to rent)
- ☐ Gaiters (Optional) (Available to rent)

Climbing

- ☐ Helmet (Available to rent)
- ☐ Harness (Available to rent)
- ☐ Ice Axe (Available to rent)
- ☐ Crampons (Available to Rent)
- ☐ Carabiners 2 pear-shaped lockers, 2 non-locking wire gate
- ☐ Trekking Poles (Available to rent)
- ☐ Prusiks (3 lengths)
- ☐ Internal Frame Pack (Available to rent)

Camping

- ☐ Tent (Available to rent)
- ☐ Sleeping Bag (Available to rent)
- ☐ Compression Sack
- ☐ Sleeping Pad (Available to rent)

Camp Kitchen

- ☐ Stove & Fuel (Available to rent)Pot
- ☐ Utensils
- ☐ Bowl
- ☐ 2 Lighters
- ☐ Hydration
- ☐ Water Filter/Purification
- ☐ Food

Other Essentials

- ☐ Toothbrush & Toothpaste
- ☐ Hand Sanitizer
- ☐ Alarm Clock
- ☐ Toilet Paper
- ☐ Pee Cloth (Optional)
- ☐ Urination Device (Optional)
- ☐ Menstrual Cup (Optional)
- ☐ Sunscreen
- ☐ Lip Balm
- ☐ Personal First Aid Kit
- ☐ Repair Kit

Optional Items

- ☐ Gaia Navigation App
- ☐ Map and Compass
- ☐ Altimeter Watch
- ☐ Pee Bottle
- ☐ Entertainment
- ☐ Portable Charging Device
- ☐ Ear Plugs
- ☐ Insect Repellent
- ☐ Camera
- ☐ Comfortable Clothing and Footwear
- ☐ Car Charger