



# Aid Climbing and Big Wall Techniques Equipment List

## Clothing

- Beanie/Toque
- Sun Hat
- Buff / Neck Gaiter
- Sun Glasses
- Headlamp (extra batteries/charger)
- Liner Gloves
- Midweight Softshell Gloves
- Hardshell Gloves
- Undergarments
- Base Top
- Active Insulation Top
- Softshell Pants
- Softshell Jacket
- Insulation Jacket
- Hardshell Jacket (Available to rent)
- Hard Shell Pants (Available to rent)
- Socks
- Approach Shoes
- Trail Running Shoes (Optional)
- Rock Shoes (Available to Rent)

## Climbing

- Helmet (Available to rent)
- Harness (Available to rent)
- Belay Device
- Slings (One 48in (120cm) and one 24in (60cm) pre-sewn sling.)

- Cordelette** (180cm-240cm sling or 18-24ft accessory cord)
- Rappel Backup** (hollowblock/jammy)
- Carabiners** (4 pear-shaped lockers, 5 non-locking wire gate)
- Assisted Braking Device**
- Ascenders (Left and Right)**
- Daisy Chains (Bring 2)**
- Raiders (Bring 2)**
- Fifi Hook**
- Day Pack**

## Camping

- Sleeping Bag (Available to rent)**
- Compression Sack**
- Sleeping Pad (Available to rent)**

## Camp Kitchen

- Stove & Fuel (Available to rent)**
- Pot**
- Utensils**
- Bowl**
- 2 Lighters**
- Hydration**
- Water Filter/Purification**
- Food**

## Other Essentials

- Toothbrush & Toothpaste**
- Hand Sanitizer**
- Alarm Clock**
- Toilet Paper**
- Pee Cloth (Optional)**
- Urination Device (Optional)**
- Menstrual Cup (Optional)**
- Sunscreen**
- Lip Balm**
- Personal First Aid Kit**
- Repair Kit**

# Optional Items

- Chalk Bag and Chalk
- Rock Climbing Rack
- Progress Capture Device
- Belay Gloves
- Gaia Navigation App
- Map and Compass
- Altimeter Watch
- Pee Bottle
- Entertainment
- Portable Charging Device
- Ear Plugs
- Insect Repellent
- Camera
- Comfortable Clothing and Footwear
- Car Charger