



AMTL 1 Equipment List

Clothing

- Beanie/Toque
- Sun Hat
- Buff / Neck Gaiter
- Glacier Glasses
- Headlamp (extra batteries/charger)
- Liner Gloves
- Midweight Softshell Gloves
- Hardshell Gloves
- Undergarments
- Base Top
- Base Layer Pants (early/late season only)
- Active Insulation Top
- Softshell Pants
- Softshell Jacket
- Insulation Jacket
- Hardshell Jacket (Available to rent)
- Hard Shell Pants (Available to rent)
- Socks
- Approach Shoes or Trail Shoes
- Mountaineering Boots (Available to rent)
- Gaiters (Optional) (Available to rent)
- Rock Shoes

Climbing

- Belay Device
- Helmet (Available to rent)
- Harness (Available to rent)
- Ice Axe (Available to rent)

- Crampons (Available to Rent)**
- Slings** (One 48in (120cm) and one 24in (60cm) pre-sewn sling.
- Carabiners** 4 pear-shaped lockers, 5 non-locking wire gate
- Rappel Backup (hollowblock/jammy)**
- Prusiks (3 lengths)**
- Trekking Poles (Available to rent)**
- Day Pack (Optional)**
- Internal Frame Pack (Available to rent)**

Camping

- Tent (Available to rent)**
- Sleeping Bag (Available to rent)**
- Compression Sack**
- Sleeping Pad (Available to rent)**

Camp Kitchen

- Stove & Fuel (Available to rent)**
- Pot**
- Utensils**
- Bowl**
- 2 Lighters**
- Hydration**
- Water Filter/Purification**
- Food**

Other Essentials

- Toothbrush & Toothpaste**
- Hand Sanitizer**
- Alarm Clock**
- Toilet Paper**
- Pee Cloth (Optional)**
- Urination Device (Optional)**
- Menstrual Cup (Optional)**
- Sunscreen**
- Lip Balm**
- Personal First Aid Kit**
- Repair Kit**

Optional Items

- Chalk Bag and Chalk**
- Assisted Breaking Device**

- Gaia Navigation App**
- Map and Compass**
- Belay Gloves**
- Goggles**
- Altimeter Watch**
- Pee Bottle**
- Entertainment**
- Portable Charging Device**
- Ear Plugs**
- Insect Repellent**
- Camera**
- Comfortable Clothing and Footwear**
- Car Charger**