



Alpine Ice Equipment List

Clothing

- Beanie/Toque
- Sun Hat
- Buff / Neck Gaiter
- Glacier Glasses
- Headlamp (extra batteries/charger)
- Liner Gloves
- Midweight Softshell Gloves
- Hardshell Gloves
- Undergarments
- Base Top
- Base Layer Pants (early/late season only)
- Active Insulation Top
- Softshell Pants
- Softshell Jacket
- Insulation Jacket
- Hardshell Jacket (Available to rent)
- Hard Shell Pants (Available to rent)
- Socks
- Approach Shoes or Trail Running Shoes (Optional)
- Mountaineering Boots (Available to rent)
- Gaiters (Optional) (Available to rent)

Climbing

- Crampons (Available to rent)
- Belay Device
- Helmet (Available to rent)
- Harness (Available to rent)
- Ice Axes (Need 2) (Available to rent)

- Slings** (One 48in (120cm) and one 24in (60cm) pre-sewn sling.
- Cordelette** (180cm-240cm sling or 18-24ft accessory cord)
- Carabiners** (4 pear-shaped lockers, 5 non-locking wire gate)
- Prusiks** (3 lengths)
- Rappel Backup** (hollowblock/jammy)
- Trekking Poles (Available to rent)**
- Day Pack**
- Internal Frame Pack (Available to rent)**

Camping

- Tent (Available to rent)**
- Sleeping Bag (Available to rent)**
- Compression Sack**
- Sleeping Pad (Available to rent)**

Camp Kitchen

- Stove & Fuel (Available to rent)**
- Pot**
- Utensils**
- Bowl**
- 2 Lighters**
- Hydration**
- Water Filter/Purification**
- Food**

Other Essentials

- Toothbrush & Toothpaste**
- Hand Sanitizer**
- Alarm Clock**
- Toilet Paper**
- Pee Cloth (Optional)**
- Urination Device (Optional)**
- Menstrual Cup (Optional)**
- Sunscreen**
- Lip Balm**
- Personal First Aid Kit**
- Repair Kit**

Optional Items

- Ice Climbing Rack
- V-Thread Tool
- Ice Clippers
- Gaia Navigation App
- Map and Compass
- Goggles
- Altimeter Watch
- Pee Bottle
- Entertainment
- Portable Charging Device
- Ear Plugs
- Insect Repellent
- Camera
- Comfortable Clothing and Footwear
- Car Charger