



**American
Alpine Institute**

The Spirit of Alpinism

360-671-1505
info@alpineinstitute.com

4041 Home Road, Ste A
Bellingham, WA 98226
www.alpineinstitute.com

Re-Bolting Clinic Equipment List

Required gear:

1. Climbing harness (the most cushy/comfortable one you have)
2. Climbing helmet
3. Belay/rappel gloves (either full fingered or tip cutoff)
4. Approach shoe or a sturdy/stiff shoe with closed toes
5. Assisted braking device (Grigri or Neox preferred) and locking carabiner
6. 10-15 foot 7-8mm cordelette
7. Personal anchor/personal tether (120cm nylon/Dyneema sling, personal anchor system, connect adjust, etc) and locking carabiner
8. 4 extra locking carabiners
9. Food and water for the day
10. Appropriate clothing for the day

Optional gear:

1. Micro trax/mini trax and one locking, one non locking carabiner
2. Left OR right hand ascender
3. Pulley
4. Oval non locking carabiner
5. Foot strap for ascending
6. Haul bag/bag made for hanging
7. 2 locking carabiners for haul bag
8. Bosun's chair