



**American
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The Spirit of Alpinism

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Itinerary for Bolivia Trek & Expedition

Day 0

Arrive in La Paz, Bolivia.

Day 1

Day trip to the ruins of Tiahuanacu - pre-Inca ruins on the shores of lake Titicaca. We continue on to the lakeside town of Copacabana for the night.

Day 2

Visit Isla del Sol on lake Titicaca with a scenic boat ride. Return to Copacabana.

Day 3

Drive to Sorata, a beautiful town at the northern end of the Cordillera Real.

Day 4

From Sorata we begin our two day trek to Ancohuma Base Camp. Starting in the lush and semitropical warmth of Sorata we gradually climb to Laguna Colani, a beautiful lake perched high above the valley. We use burros to carry our equipment.

Day 5

On our second day of trekking we are joined by porters. The way becomes more difficult and the burros can no longer negotiate the steep terrain. We arrive at Base Camp on Laguna Glaciar, a high mountain lake in a giant cirque. Ancohuma lies to the South with Pico Schulze and Illampu to the north and northeast respectively.

Day 6

Rest and acclimatize in base camp.

Day 7

Move up to Camp 1 at the edge of the gentle glacier leading to the upper slopes of Ancohuma.

Day 8

Move up to a high camp on the glacial plateau northwest of the summit at about 18,400'.

Day 9

Summit and return to high camp.

Day 10

Second summit day as needed.

Day 11

Descend to base camp.

Day 12

Trek out to Sorata. This is a long walk, but with an early start we can arrive in Sorata in the late afternoon.

Day 13

Rest and relax in Sorata.

Day 14

Trek to Lakathiya, a cute little town nestled in a high valley in the foothills of the Ancohuma massif.

Day 15

Trek to Illampu Base Camp, crossing the high Huila Khota pass and descending to a small plain where we establish our Base Camp for Illampu.

Day 16

Move up to Camp 1. If we are feeling energetic we can continue directly up to High Camp.

Day 17

Continue up to High Camp in the glacial basin below the NW Face of Illampu.

Day 18

Recon the lower section of the ice face on Illampu. If there is some risk of rockfall in the afternoon, we may choose to fix about 500 feet of rope to facilitate a quick descent by rappel on our summit climb.

Day 19

Summit climb of Illampu

Day 20

Extra summit day.

Day 21

Descend to Base Camp.

Day 22

With an early start we cross the Huila Khota pass again and walk all the way to Sorata.

Day 23

Drive back to La Paz, a 4-hour trip.