



**American  
Alpine Institute**

*The Spirit of Alpinism*

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## **Reddomaine Expedition & Monastery Trek**

### **Itinerary**

American Alpine Institute

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#### **Program Information**

Southwest China and eastern Tibet have one of the largest concentrations of the world's remaining unclimbed mountains. Ranges of young, sharply etched peaks with beautiful rock faces and pristine glaciers still await their first exploration. This region is called Kham by its Tibetan inhabitants, and was only recently opened by the Chinese government to outside visitors.

In addition to mountaineering, our experiences will include trekking through remote Tibetan villages and monasteries, rhododendron and holly forests, pristine subalpine and alpine zones, and a little-explored realm of glaciers and granite peaks.

#### **Prerequisites**

Intermediate glacier and ice climbing skills

Excellent physical condition

#### **Program Inclusions and Exclusions**

##### **Inclusions**

Lodging (hotels and tents on a shared basis) during the dates of the program; all meals; group cooking equipment; admissions to museums and national parks; group cooking equipment, and pack horses.

##### **Exclusions**

Airfare; personal equipment; government and airport taxes; Chinese travel visa; inoculations; personal insurance; excess baggage; gratuities to guides.

#### **Daily Itinerary**

**Day 1** – Arrive in Chengdu. Meet the guides and other climbers and have dinner together to talk over the plan for the expedition.

**Day 2** – Drive 8 hours in private vehicles to Kangding located at 9000 feet. Night in a hotel next to the main monastery. In Kangding we will explore the local sights and tastes that are a mix of China and Tibet. Kangding is a border town where Tibetan and Chinese culture overlap.

**Day 3** – Leave Kanding in the morning after a visit to the monastery. We will drive to a high pass below the Lamoshe Massif and spend the day hiking and acclimatizing around 15,000 feet. Spend the night at 11,000 feet in the village of Laoyuling near the trailhead.

**Day 4** – Hike to Camp I at ~13,000 feet. Along the trail we will pass yak herder camps in a beautiful river valley during our roughly 8-mile hike.

**Day 5** – Hike to Camp II at 14,300 feet. Camp two is located below two beautiful peaks, Jiazi (21,400feet) and Little Gongga (20,500 feet).

**Day 6** – Hike up and over 16,000-foot Riuchi Pass to Camp III at 14,500 feet.

**Day 7** – Rest day at Camp III. Carry loads to High Camp at 16,500 ft if feeling good.

**Day 8** – Carry/complete carry to High Camp at 16,500 feet just below the immense glacier separating Reddomaine (20,050 feet) and Dogonomba (19,550 feet). Return to Camp III for the night.

**Day 9** – Move to High Camp.

**Days 10-13** – Four available summit days! We have three options for routes from our High Camp – the south face of Reddomaine, the north ridge of Dogonomba, or the northwest face of Dogonomba.

**Day 14** – Descend to High Camp

**Day 15** – Start the hike out, stay the night back at Camp I.

**Day 16** – Finish hiking out, celebratory dinner in Kangding.

**Day 17** – Drive back to Chengdu for more celebration and lively Chengdu nightlife. End of scheduled trip. Fly home the next day or continue your travels